

LIFE STYLE STRATEGY

When there is a conflict between the Commands of Allaah and Haram khawhish, (prohibited desires) then fulfill the Commands of Allaah and sacrifice khawhish. This a Test from Allaah everyone will face in life, just to see who Sacrifices his/her own Haram Khawhish for the sake of His Commands and Sunnah of Prophet Muhammad SWS. On behalf of that He sends Blessings or obstruction or punishment from the Sky. All-time enemies- Forgetfulness, lack of common sense and ignoring Basic Principles of life.

For More Details. www.wisdominlife.net

Positive Attitude Perfect Mental Health Cardiovascular fitness and Normal Medical Parameters are important to keep Mind and Life Balanced

NOOR SAKINA & ABILITY COMES FROM ALLAAH ONLY (Dua)

Take Life as it comes. Do not waste a Calorie of energy, a Minute of Time and a Paisa of Rupee.

Concentrate towards Allaah Focused to Work
While performing do not divert to forgetfulness, Laziness, Ignorance Washvasa and Non Priority Thoughts & Talks

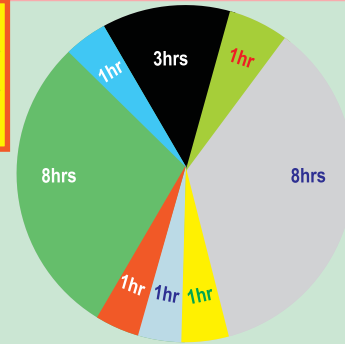
Try to Keep Allaah Pleased Gain Knowledge Remain in Boundaries

MIND: FEAR OF ALLAAH, SELF CONTROL INCLUDING SPEECH (TONGUE) REMEMBER THE TRICKS OF DEVIL.

THOUGHTS: FOLLOW CORRECT PRINCIPLES (SUNNAH) CORRECT KNOWLEDGE PROFESSIONAL GUIDANCE & THINK OF CONSEQUENCES FIRST.

HEART: KEEP IT SOFT KIND CLEAN TRANSPARENT AND POLLUTION FREE BY DOING TAUBA AND TEARS FOR COMMITTED SINS.

WISDOM: SENSES MUST ABSORB THE NOOR OF ZIKR TO DEVELOP CALMNESS PATIENCE & MODERATION. DISTANCE YOURSELF FROM MATERIALISTIC IMPACT BECAUSE THEY DESTROY THE PEACE OF WISDOM.



24 Hrs. QUALITY TIME?

WITH EDUCATION & REPEATED PRACTICE DEVELOP NEURO PATHWAYS (HABITS) IN THE BRAIN.

To please Allaah recite the Zikr of Allaah, follow the Sunnah of Huzur SWS and remain consistent in Taqwa to get Noor and Ability from Allaah. Always Fear own Ignorance and desires, Nafsani khawhish Hawa Then carry out all worldly responsibilities with dedication and sincerity, must have enough patience if displeasure comes while fulfilling those duties.

Listen to top consultant's advice. Wrong Action can lead to fatal results.

DAWAH DEATH HEREAFTER

- HEALTH
- BUSINESS PROFESSION FINANCE INVESTMENT
- RECREATION FOR HAPPINESS
- RELATIONSHIP HELP CHARITY
- READING KNOWLEDGE
- FAMILY REST
- SELF NECESSITIES

Are you a Thinker? Reformer? Dreamer? Or A Performer? May Allaah make you a Performer with Vision. Can you convince your own Mind (Nafs)? I would say No, then how do you expect that you will definitely convince others Nafs? Better to remain focused in your own affairs. Develop strong will-power, firm determination and self control towards all unlawfu desires (below mentioned) according to the Wishes & Commands of Allaah. Always take and obey professional's advice (Maswara) whatever you do, because immature thoughts, wrong calculation and mistake I making decisions means huge loss and sufferings. Sacrifice and strive in the path of Allaah (Dawah) to learn Iman, Yaqeen, Tawakkull and to get some space in life, Inner Peace, Hidayat, Allaah's help and of course to change own heart (Wisdom), so that all actions are carried in accordance to Sunnah and Shariah; however Nafs, Satan, Khawhish and below mentioned negative forces of Devil will create obstructions in various ways. Self created Negative thoughts or by seeing others faults or by facing adverse situations heart and Mind should not be polluted or poisonous which reflect ill Manners. If it is, then Its a clear sign of mental abnormalities which needs Tauba and Medical attention. Author's only wishes are to eradicate ignorance by proper education and Act Perfectly then collect enough Good Deeds for Hereafter, so that you live at Peace in both the world.

- ENVIRONMENT & FOOLISHNESS
- LAZINESS & GHAFLET
- FORGETFULNESS & IGNORANCE
- JUNK ADDICTION & GREED
- EXCESS PLEASURES & IGNORING PROFESSIONAL GUIDANCE
- ARROGANCE & MENTAL DISORDER

"Identify it, Control it, Ignore it and Use it." What is "it"? "It" is –**The Nafs**. First of all recognize the 'Nafs' completely, we may not know what it is; but it is definitely a '**Vital Life Force**', Capacity and Capabilities are already included in it. Use it proportionately towards all aspects of Life. If you are not cautious enough nafs might stab you from behind, unknowingly. For example, when it enters into the thoughts then the person starts thinking, and thinking endlessly. Similarly, when it enters in to pleasures then the Mind, understands nothing except pleasures. Nothing makes sense until one controls it. There are certain places that it needs to be ignored in, namely the Non-Priority subject. Thus it (Nafs) must be used for necessary **Achievements** towards all Duties and Responsibilities, do it cheerfully, otherwise damages are inevitable –both in this world and Hereafter. By facing Various situations- adverse or favorable, you may commit some mistakes such as sins, Haram, injustice, excessiveness, (Zulm Aur Jath-tee) misbehavior with your own people and with the Creation of Allaah. You will then realize several things that will act against your wishes (by Allaah's instructions). Do not absorb anything which makes you sick and unhappy. Always remain focused to priority, present subject & sufferings. Never waste **TIME ENERGY MONEY**