LIFE STYLE STRATEGY

When there is a conflict between the Commands of God and Haram khawhish, (prohibited desires) then fulfill the Commands of God and sacrifice khawhish. This a Test from God everyone will face in life, just to see who Sacrifices his\her own prohibited desires (Haram Khawhish) for the sake of His Commands and Sunnah of Prophet Muhammad SWS. On behalf of that He sends Blessings or obstruction or punishment from the Sky. All-time enemies- Forgetfulness, lack of common sense and ignoring Basic Principles of ife.

For More Details. www.wisdominlife.net

Positive Attitude
Perfect Mental Health
Cardiovascular fitness and
Normal Medical Parameters
are important to keep
Mind and Life Balanced

DIVINE LIGHT (NOOR) & ABILITY COMES FROM ONLY GOD (Dua)

Take Life as it comes. Do not waste a Calorie of energy, a Minute of Time and a Paisa of Rupee.

Concentrate towards God
Focused to Work
Ignore Non Priority Thoughts
Talks Laziness and Washvasa

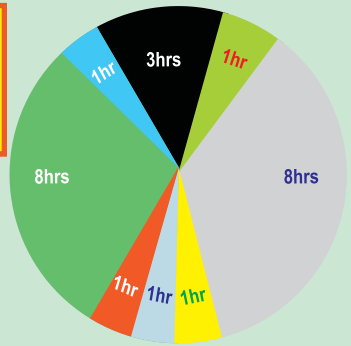
Try to Keep God Pleased
Gain Knowledge
Remain in Boundaries

MIND: FEAR OF GOD SELF CONTROL INCLUDING SPEECH (TONGUE) REMEMBER THE TRICKS OF DEVIL.

THOUGHTS: FOLLOW CORRECT PRINCIPLES (SUNNAH) CORRECT KNOWLEDGE PROFESSIONAL GUIDANCE & THINK OF CONSEQUENCES FIRST.

HEART: KEEP IT SOFT KIND CLEAN TRANSPARENT AND POLLUTION FREE BY DOING REPENTANCE AND TEARS FOR COMMITTED SINS.

WISDOM: SENSES MUST ABSORB THE NOOR OF ZIKR TO DEVELOP CALMNESS PATIENCE & MODERATION. DISTANCE YOURSELF FROM MATERIALISTIC IMPACT BECAUSE THEY DESTROY THE PEACE OF WISDOM.



24 Hrs.
QUALITY TIME?

WITH EDUCATION & REPEATED PRACTICE DEVELOP NEURO PATHWAYS (HABITS) IN THE BRAIN.

- The World belongs to God, if He is against you where will your favourites Stand?
- God holds the control to your heart and your materialistic world, everything belongs to Him, He can tighten them whenever He desires to.
- Various negative forces are within us. if they all ride on us by Thoughts & Washvasa then how can we stop them like a moon eclipse?
- So it is God Who is behind in all our success and failures. Fulfill the rights of God, own Life and others.

Listen to top consultant's advice. Wrong Action can lead to fatal results.

DEATH HEREAFTER

HEALTH

BUSINESS PROFESSION FINANCE INVESTMENT

RECREATION FOR HAPPINESS

RELATIONSHIP HELP CHARITY

READING KNOWLEDGE

FAMILY REST

SELF NECESSITIES

What is the First Experience of Enlightenment?
A divine light (Noor) enters in the wisdom (Heart) and gradually the whole Body, Mind and Heart experiences utmost Peace, Comfort, softness and kindness. Its then that he/she forgets the real culprits "The Thoughts and Past Memory". In this particular situation his/her only wish is to live with the remembrance (Zikr) of God nothing more does he/she want in his/her life. Years and years they can survive with this Noor. Once the Noor starts entering you will experience comfort, help and happiness in the heart, environment and in the materialistic world from the Kingdom of God. May God protect us from all those thoughts, understandings (samaj), talks, acts and wounding others hearts by rudeness, which brings the Curse of God to destroy all Peace and Happiness. Always be concerned about God's Pleasure. Author's only wishes are to eradicate ignorance by proper education and Act Perfectly then collect enough Good Deeds for Hereafter, so that you live at Peace in both the world.

ENVIRONMENT & FOOLISHNESS

LAZINESS & GHAFLAT

FORGETFULNESS & IGNORANCE

JUNK ADDICTION & GREED

EXCESS PLEASURES & IGNORING PROFESSIONAL GUIDANCE

ARROGANCE & MENTAL DISORDER

"Identify it, Control it, Ignore it and Use it." What is "it"? "It" is –**The Nafs.** First of all recognize the 'Nafs' completely, we may not know what it is; but it is definitely a **'Vital Life Force',** Capacity and Capabilities are already included in it. Use it proportionately towards all aspects of Life. If you are not cautious enough nafs might stab you from behind, unknowingly. For example, when it enters into the thoughts then the person starts thinking, and thinking endlessly. Similarly, when it enters in to pleasures then the Mind, understands nothing except pleasures. Nothing makes sense until one controls it. There are certain places that it needs to be ignored in, namely the Non-Priority subject. Thus it (Nafs) must be used for necessary **Achievements** towards all Duties and Responsibilities, do it cheerfully, otherwise damages are inevitable –both in this world and Hereafter. By facing Various situations- adverse or favorable, you may commit some mistakes such as sins, Haram, injustice, excessiveness, (Zulm Aur Jath-tee) misbehavior with your own people and with the Creation of God. You will then realize several things that will act against your wishes (by God's instructions). Do not absorb anything which makes you sick and unhappy. Always remain focused to priority, present subject & sufferings. Never waste TIME **ENERGY MONEY**