



# Secrets of Heart (Wisdom)

Learn Wisely Think Correctly Act Perfectly

Allaah's help (Nusrat), Blessings, Obstructions, Eventualities (Halat), Test, Displeasures (Nagawari) & Fithna all directly land up in our Heart, Environment and Material World for some reason or the other

**For peace of mind  
forgive people for their faults and accept their excuses**

- Anger, Irritation Stress, Chaos & Selfishness  
Disorganise mind & Wrong Attitude.
- Inexperienced but do not want to consult to the right professionals
- Forget how to switch off and on and how long to remain attached and detached
- Proudness, ego, arrogance & show off (Riyah)  
Lying, cheating and false promises.
- Forget maintaining secrecy, disclose everything to everyone, full of confusion.
- Injustice, Excessiveness Right suppression & Torture  
Negative Issues

**Sunnah Sayings  
Manners and Etiquette  
of Prophet SAW**

(Perform all deeds (Amaal) according to these precious qualities and make sure that you sacrifice, suppress or avoid desires and khawaish while following the above stated qualities).

- Greed, Haste, Hyperactive & Instant over reaction & Revolutionary mind. No firm determination & consistency
- Ignorant of consequences, Sins, Luxury, Pleasures & spendthrift
- Hopelessness, baseless fears & over dependence on the material world and people.
- Carelessness and disrespect
- Lack of commonsense

### Key to the Heart

- past memory, rancour & ungratefulness
- Panic-attacks
- Hatred for the sins, loneliness, good wishes and intentions
- (Ikhlās), & perfect tendencies. Never chase the world,
- Learn how to withdraw, detach and switch off.

Get entangled by worldly circumstances, forgetting Death and collecting Pearls for Hereafter. Read the Book 'Prophet of Peace' from the website

**Enlightenment Peace Calmness  
Moderation  
Faith (Iman & Yaqeen)  
Patience, Fear of Allaah  
Dependent on Allaah  
Hardship  
Ikhlās  
Teach others  
Dua  
Mercy**

**Nafs  
Satan  
Desires (Khawaish)**

Satan & Desires will trigger the circled areas so that the displeasure of Allaah falls. Satan provokes us with new ideas and thoughts in the Heart & Mind so that we neglect or forget to perform.

Let only the Holy Quran, 'Truth'(Haq), Sunnah, Shariah, Taqwa, Importance of work of Dawah, Allaah's Commands, Shyness and top priority touch our wisdom (heart). Make sure that 'Wrong' (Bathil) Sins, Shirk, Kufr, Nifaq and subject not of much priority do not get a chance to touch our heart.

While facing displeasures and obstructions 5 Senses should not go out of control by the influence of material world and its people. Thoughts, Speech and Desires (Khawaish) ought to be controlled, as horse is controlled by its rider.

Remove these evil addictions which have developed since childhood or take enough precautions so that new addictions do not develop in the near future.

Serious consequences are going to strike us in future by taking tobacco and unhealthy food lightly. Constant stress and ailments are other causes of an awaiting consequence. It is a fact that wherever is our weaknesses, Satan will silently enter in our lives from that path to cause destructions.

**Fear of Allaah  
Zikr of Allaah  
Responsibilities**

(Recharge Iman and Yaqeen with the Zikr of Allaah and Work of Dawah. Self-oriented thoughts, Washvasha & Khawaish should not interfere)

**Every work has its own sets of principles but we forget that  
Insufficient knowledge in profession & business and lack of transparency in transaction.**

**Ignorant of the best use of TIME**

**Laziness (Ghafilah), Darkness & Cross limitation**

**Diverted, Wrong focused and ignorant of present sufferings.**

Forgetfulness and holding a Prejudice against others

Ignorance, Irresponsibility, Misguidance & ignore simplicity

Deception & Foolishness

"There is a piece of organ dwelling in the human body, if it is flawless the body is faultless, if it is sick the entire body is badly affected, this organ is called the Heart (Wisdom)" Said by Prophet Muhammad (SAW). Never waste time, keep quiet & fulfil everyone's rights and be nice to your own family members.

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**Do you have enough knowledge on how to raise good children, achieve good health & manage finance?**

Our life is far away from the Truth and Reality. Allaah has designed the world with various materials, there are things for destruction and there are materials for construction, it is up to you to decide what do you accept or reject? We cannot deny the present world completely. Worldly materials are there to help us, but it will be only helpful as long as we use them according to the Wishes, Commands of Allaah and Sunnah of Prophet (Peace be upon him) but the faith of the material world should not be in our Heart at any cost. Faith (Yaqeen) should be on Allaah only. We need to give top priority to the Love and Obedience of Allaah and His beloved Prophet Mohammad (Peace be upon him) in all situations. To de-stress yourself abandon all self oriented Thoughts, Intellect (Samajh), Talks which are not sanctioned by Sunnah and Shariah in order to keep the Body, Mind and Heart calm from all materialistic impacts and influences and are thus the root causes of all tensions, stress and fatigue. These are not possible without **Iman, Yaqeen & the Noor of Enlightenment** which comes only by striving hard from various **Divine Path of Deen** such as work of Dawah etc.

Download the "Secrets of Allaah and Purity of Soul" article from the following site. [www.wisdominlife.net](http://www.wisdominlife.net)